

8-13

LUNCH

Thursday

Carrot & coriander soup

Creamy bacon & mushroom pasta
Conchiglie pasta shells with a creamy
cheese sauce with bacon &
mushrooms

Aubergine & tomato pasta Roast aubergines in a rich tomato sauce with Conchiglie pasta shells

Garlic bread and seasonal vegetables

Sticky orange sponge and custard

Monday

Leek & potato soup

Turkey Lasagne

Mince turkey ragu and bechamel sauce, layered with lasagne pasta sheets

Roast pumpkin & spinach lasagne Roast pumpkin, wilted spinach, bechamel sauce layered with lasagne

Garlic bread and seasonal vegetables

pasta sheets

Jam & coconut sponge with custard

Tuesday

Spinach & butterbean soup

Beef chilli con carne

Slow cooked chili spiced mince beef with vegetables and red kidney beans

Roast butternut squash & mixed beans in a chilli fused tomato sauce

Steamed rice and tortilla chips

Chocolate orange crunch

Wednesday

Spiced parsnip soup

Chicken fajitas

Slow roasted cajun spiced chicken with peppers & onions and a soft tortilla wrap

Sweet potato & black beans Spiced sweet potato & black beans slowly roasted in a soft tortilla wrap

Served with potato wedges

Fruit yogurt selection

<u>Friday</u>

Spicy red pepper & tomato soup

Southern fried chicken burger
Succulent chicken breast coated in spiced breadcrumbs in a soft burger bun

Spicy bean burger

Spicy mixed bean patty topped with cheese & salsa in a soft white bun

French fries, baked beans and roast baby corn cobs

Fruit jelly pot

Available everyday

Jacket potatoes
Fresh seasonal salad bar
Homemade sandwiches
Fresh fruit