




CLIFTON SCHOOL YORK SPRING/SUMMER MENU REFRESH WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Snack	Pasta Day	Jacket Potato Day	Pasta Day	Jacket Potato Day	Pasta Day
LUNCH					
MEAT OPT 1	Pork and apple casserole served with red onion gravy	Turkey schnitzel and tomato sauce	Roast chicken with pigs in blankets	Beef bolognaise with garlic bread	Oven baked fillet of fish with tartare sauce / lemon
PASTA/BAKED POTATO	Chicken / meat free arribiatta	Jacket potato tuna / grated cheese / baked beans	Spinach and riccotta tortellini	Jacket potato tuna / grated cheese / baked beans	Chicken pesto pasta
VEGETARIAN	Red onion and rosemary casserole with vegetable gravy	Quorn escalope with tomato sauce	Tomato, basil and feta filo tart	Quorn and butterbean bolognaise	Pesto pasta
POTATOES/VEGETABLES	Mashed potatoes and cauliflower	Herby potatoes roast and Mediterranean vegetables	Roast potatoes and broccoli	Tri-colour pasta twists with seasonal vegetables	Oven-fries / baked beans / peas
COLD SWEET	Chocolate mousse	Home baked cookie	Blueberry muffin	Chocolate & beetroot brownie	Fresh fruit salad
HOT SWEET	Jam sponge and custard	Butternut squash and ginger sponge with custard	Rice pudding with berry compote	Syrup sponge and custard	Frozen raspbery yogurt mousse
COMMENTS ON MENU	Fresh milk, water and fruit constantly available throughout the school day.				

CLIFTON SCHOOL YORK SPRING/SUMMER MENU REFRESH WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Snack	Baked Potato Day	Pasta Day	Baked Potato Day	Pasta Day	Baked Potato Day
LUNCH					
MEAT OPT 1	Beef meatballs with Mediterranean tomato sauce	Chicken korma	Roast beef and Yorkshire puddings	Chicken Kiev	Fish goujons with tartare sauce / lemon
PASTA/BAKED POTATO	Jacket potato tuna / grated cheese / baked beans	Basil and pancetta pasta	Jacket potato tuna / grated cheese / baked beans	Macaroni with cheese / ham	Jacket potato tuna / grated cheese / baked beans
VEGETARIAN	Quorn meatballs with Mediterranean tomato sauce	Chickpea, lentil and cauliflower curry	Minty pea risotto	Stir fried vegetables with noodles	Quorn goujons
POTATOES/VEGETABLES	Wholemeal pasta and green beans	Steamed long grain rice and broccoli	Roast potatoes and cabbage	New potatoes and carrot batons	Oven fries and peas
COLD SWEET	CPS summer berry mess	Trio of melon	Raisin flapjack	Chocolate and beetroot brownie	Fruit jelly
HOT SWEET	Vanilla sponge and custard	Chocolate sponge	Apple and berry crumble with custard	Syrup sponge and custard	Natural yogurt with fruit compote
COMMENTS ON MENU	Fresh milk, water and fruit constantly available throughout the school day.				