



Expedition Kit List, St Peter's School

EXPEDITION and OVERNIGHT KIT LIST

All items on this list (other than optional kit) must be carried. A kit check will be made before your practice and qualifying expeditions.

An * indicates items which can be borrowed from school. Kit issue will take place before your practice expedition. Please see Mrs Hemsall if you have any questions.

To Wear

Walking boots (worn in)
Walking socks
Underwear
Trousers (not jeans)
Shirt or t-shirt (not cotton)
Fleece/jumper

In your rucksack*

Waterproof jacket (with hood)
Waterproof trousers
Hat and gloves
Sun hat and sun cream
Spare clothes (trousers, shirt, fleece, socks)
Plastic bags (to keep gear dry)
Waterproof liner
*Sleeping bag
*Karrimat/Thermarest
Torch, spare batteries
Water bottle (at least 1 litre)
KFS, plate & mug
Toothbrush, paste, soap
Personal medication (if required)
A small amount of cash
Food (plus emergency food)

Group Kit

*2/3 x Tent
*2 x gas stove + gas canister
*2 x pots
*Matches
*Group first aid kit
*2 x Compass and whistle
*2xHi-vis vest
*Safety Card + Emergency Details
*Casualty Card
*2 x Map and case
2 x Route card
Pan scrub + washing up liquid
Tissues/toilet roll
Pencil and notepad

Optional Kit

Shorts
Thermals
Gaiters (recommended in wet weather)
Towel
Camera
Mobile phone (this will be bagged)
Sunglasses
Lip balm
Insect repellent
Flip flops/campsite footwear