

Duke of Edinburgh Bronze Expedition Route Card

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Aim of expedition:							Area: Howardian Hills Scale: 1:25,000 Average Pace: 3 kilometres per hour				
Magnetic variation: 2 degrees		2			5			Bronze group number:			
Names of Team Members		3			6			Date:			
1		4			7			Day number:			
								Start Time			
Leg	From	To	Initial Bearing	Distance (km)	Height climbed (m)	Journey time (mins)	Aim time (mins)	Rest time (mins)	Total time (hh:mm)	Time of arrival (hh:mm)	Description of route, aim details and escape route (including grid ref.)
1	Grid ref: Location:	Grid ref: Location:									
2	Grid ref: Location:	Grid ref: Location:									
3	Grid ref: Location:	Grid ref: Location:									
4	Grid ref: Location:	Grid ref: Location:									
5	Grid ref: Location:	Grid ref: Location:									
6	Grid ref: Description:	Grid ref: Location:									
7	Grid ref: Location:	Grid ref: Location:									
8	Grid ref: Location:	Grid ref: Location:									
9	Grid ref: Location:	Grid ref: Location:									
Totals:											
Note: total Journey time + total Aim time must be > 6 hrs.											Naismith's Rule: for every 10m contour you ascend, add one minute to your journey time.