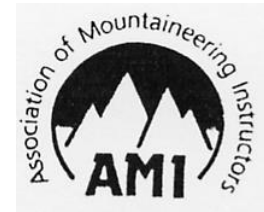




ADVENTURE TRAINING LTD



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DUKE OF EDINBURGH'S AWARD EXPEDITION LOG

Congratulations on completing your D of E Expedition.

- You must now complete an 'Expedition Log', which forms the basis of your Evidence & Presentation, and submit it to your assessor / supervisor within:-

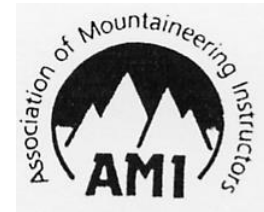
1 WEEK of finishing the expedition – Wednesday 1 July (9am)

- Each individual should submit their own log, though you are welcome to work together to produce it. Your name should be clear on your logbook.
- The log can be a hard copy or electronic, sent via eDofE, in essay form, note form, pictorial or a mixture of all 3.
- If you submit a hard copy of your log will be returned to you, with your D of E record book, once it has been checked and signed.
- The log should be handed to your teacher / group supervisor or sent via eDofE.
- The point of the exped log is to allow you to show the assessor, your teacher / group supervisor, parents and yourself; what you have learned and discovered during the whole expedition process. This process includes preparation back at School, the training camp, practice walks, route preparation, pre-expedition checks and the expedition itself.
- The sheet attached will give you some ideas for this exped log and the sort of questions you should be thinking about.
- The assessor is more interested in what you have learned, discovered and felt, rather than a simple list of places you passed during the expedition.

Paul Rolinson



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Diary (each day)

- Weather during the day.
- Points of interest and comments on route.
- Amusing incidents.
- How we got on as a group.
- Important timings and meeting with assessor or supervisors.

Food and equipment

- Was the equipment suitable, would you change anything?
- Did you carry anything that you did not use?
- Was there any piece of kit that you wish you had taken?
- Was the food suitable, was there enough?

Training

- Do you feel you were trained well enough, what else should have been included?
- Was the whole process too hard / easier than expected?
- List 10 `Top Tips` for the next group of D. of E trainees.

Route

- Was the route too hard, too easy or about right?
- Was the campsite suitable?

Feelings

- What was the best moment, the worst moment and the funniest moment during the trip?

Feedback

- Do you have any comments for the trainer, the assessor or your teachers that would make the whole expedition process better?