



**8-13
LUNCH MENU**

WEEK THREE

Monday

Chicken korma
~
Chickpea & spinach korma
~
Braised rice and chapati
~
Roasted cauliflower & courgettes
~
Chocolate sponge cake

Tuesday

Sticky Asian pork with noodles
~
Sticky Asian tofu with noodles
~
Carrots & cabbage
~
Rainbow sprinkle cake

Wednesday

Meatballs in tomato sauce
~
Vegan balls in tomato sauce
~
Pasta and homemade focaccia
~
Peas & sweetcorn
~
Sticky orange pudding and custard

Thursday

Yorkshire pudding with savoury mince
~
Yorkshire pudding with lentil & veg stew
~
Roast potatoes & mixed veg
~
Spotted dick & custard

Friday

Panini pizza day
~
Potato wedges
~
Beans and peas
~
Fruit yoghurt pot

Available everyday

Soup of the day
Jacket potatoes
Baked beans
Fresh seasonal salad bar
Crudities table
Homemade sandwiches
Wholemeal bread buns
Whole fruit
Fresh fruit salad
Yogurts