



## WEEK TWO – LUNCH w/c Monday 10 Nov

~ Available Monday to Saturday ~

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Soup of the day  
Jacket Potato & Pop-up station  
Fresh salad & deli bar  
Selection of cold desserts

### Thursday

**Slow roast loin of pork**  
With crispy crackling & Yorkshire puddings

**Puy lentil stuffed field mushrooms**  
With cream cheese

Served with roast potatoes, carrots, cabbage and pan gravy

**Rice pudding with jam**

### Monday

**Beef brisket dhansak**  
Slow-cooked beef in a rich lentil-based curry with aromatic spices, and a touch of heat – a bold and hearty Persian-inspired dish

**Sweet potato, butter bean & coconut curry**  
A vitamin packed curry

Served with steamed 50/50 rice, roti, veg pakora, raita & mango chutney

**Peach & raspberry crumble**

### Tuesday

**Peppercorn chicken**  
Tender chicken breast in a creamy peppercorn sauce

**Peppercorn squash**  
Roast squash and lentils with a creamy peppercorn sauce

Served with mash potatoes, cauliflower & broccoli and extra peppercorn sauce

**Jam & coconut cake**

### Wednesday

**Salmon & spinach pasta bake**  
An oily fish- rich in omega 3

**Ratatouille & bean pasta bake**  
A chunky tomato based sauce

Served with penne pasta, garlic bread, roast courgettes with chilli flakes and rocket salad

**Chocolate sponge with chocolate sauce**

### Friday

**Breaded chicken burger**  
Friday treat day

**Spicy bean burger**

Served with air-fried fries, beans, southern style gravy, corn on the cob, siracha mayo & iceberg

**Yoghurt cake with honey & orange**

### Saturday

**Chicken & Boston bean stew**  
Hearty Boston-style bean stew slow-cooked with mixed beans, smoky paprika, tomatoes – rich in fibre and plant-based protein for wholesome comfort

**Boston bean stew**  
As above without the chicken

Served with 50/50 steamed rice, garlic bread, grated cheese, mixed vegetables

**Flapjack**

### Sunday

**BRUNCH SPECIAL**  
Minute steaks plus paninis and omelettes

Pork sausage, bacon, veggie sausage, free range fried eggs, baked beans, plum tomatoes, sauté mushrooms, hash browns and chips

**CONTINENTAL**  
Selection of warm pastries, fruit slices, cereals, yoghurts, toast and preserves

Super seeded granola & fresh fruit