

# Nursery menu week 1

## breakfast

## am snack

## lunch

## pm snack

## tea

### Monday

Wholegrain cereal or porridge  
with semi skimmed milk  
Wholegrain toast  
Fresh fruit pots

Homemade cranberry & oat  
bites  
Milk or water  
Fresh fruit

Cottage pie or mixed bean  
cottage pie with cauliflower &  
broccoli

Chunky pineapple pieces

Crudities with hummus

Toasted English muffin with  
scrambled egg

### Tuesday

Wholegrain cereal or porridge  
with semi skimmed milk  
Wholegrain toast  
Fresh fruit pots

Homemade guacamole with  
vegetable crudities  
Milk or water  
Fresh fruit

Smooth carrot & sweat potato  
soup

Breaded chicken fillet with a  
mild Katsu curry sauce or  
courgette & tofu Katsu curry  
Udon noodles & green beans

Cheese scone twists

Mini jacket potato with dairy  
free butter and a selection of  
healthy fillings

### Wednesday

Wholegrain cereal or porridge  
with semi skimmed milk  
Wholegrain toast  
Fresh fruit pots

Cheddar cheese fingers with  
multigrain crackers  
Milk or water  
Fresh fruit

Spinach, cherry tomato and  
lentil macaroni cheese  
Homemade garlic dough ball  
bites and sweetcorn

Medley of melon

Crudities with cream cheese

Mini omelettes with salad bites

### Thursday

Wholegrain cereal or porridge  
with semi skimmed milk  
Wholegrain toast  
Fresh fruit pots

Orange & peach slices  
Milk or water  
Fresh fruit

Homemade tomato soup with  
wholemeal croutons

Overnight cooked roast loin of  
pork or vegetarian sausage  
casserole, served inside a  
Yorkshire pudding with mashed  
potato, carrots and peas

Crudities with hummus

Tomato & lentil bolognese  
pasta bake

### Friday

Wholegrain cereal or porridge  
with semi skimmed milk  
Wholegrain toast  
Fresh fruit pots

Banana, berry & honey  
smoothie  
Milk or water  
Fresh fruit

Homemade salmon & pea  
fishcake or bean burger  
with air fried potato wedges,  
baked beans & crispy kale

Watermelon balls

Crudities with cottage cheese

Pitta pizza topped with spinach  
& buffalo mozzarella



If you have any specific dietary requests or weaning requirements, please do not hesitate to contact a member of our in house catering team

# Nursery menu week 2

## breakfast

## am snack

## lunch

## pm snack

## tea

### Monday

Wholegrain cereal or porridge with semi skimmed milk  
Wholegrain toast  
Fresh fruit pots

Homemade cranberry & oaty bites  
Milk or water  
Fresh fruit

Beef & hidden vegetable and red lentil lasagne with seasonal mixed salad or baked Mediterranean vegetable and red lentil lasagne with seasonal mixed leaf salad  
Chunky pineapple pieces

Crudities with hummus

English muffin mini pizza with mozzarella & tomato

### Tuesday

Wholegrain cereal or porridge with semi skimmed milk  
Wholegrain toast  
Fresh fruit pots

Homemade Guacamole with vegetable crudities  
Milk or water  
Fresh fruit

Beetroot & yogurt dip with cucumber dunkers

Chicken & broccoli cheesy bake or chick pea, broccoli & red pepper bake, served with duchesse potatoes and carrots

Rice cakes with cottage cheese

Tuna & sweetcorn with orzo pasta a a light creme fraiche sauce

### Wednesday

Wholegrain cereal or porridge with semi skimmed milk  
Wholegrain toast  
Fresh fruit pots

Cheddar cheese fingers with multigrain crackers  
Milk or water  
Fresh fruit

Veggie day- Bow tie pasta shapes with hidden roast vegetable marinara tomato sauce and garlic bread fingers

Medley of melon

Crudities with cream cheese

Mini omelettes with salad bites

### Thursday

Wholegrain cereal or porridge with semi skimmed milk  
Wholegrain toast  
Fresh fruit pots

Orange & peach slices  
Milk or water  
Fresh fruit

Creamy leek & potato soup

Mini pulled pork sliders in wholemeal pitta with crisp iceberg and a pureed apple dipping sauce or falafel & grated carrot sliders in wholemeal pitta, served with sweet potato wedges & mini corn on the cob

Crudities with hummus

Tomato & lentil bolognese pasta bake

### Friday

Wholegrain cereal or porridge with semi skimmed milk  
Wholegrain toast  
Fresh fruit pots

Banana, berry & honey smoothie  
Milk or water  
Fresh fruit

Creamy fish pie with salmon & haddock, garden peas and chive mashed potato or red lentil & vegetable pie with chive mash, served with green beans

Watermelon balls

Crudities with cottage cheese

chicken & cheese toastie in wholemeal bread



If you have any specific dietary requests or weaning requirements, please do not hesitate to contact a member of our in house catering team